



MENTAL HEALTH SERVICES

Group Therapy

Phoenix Associates, Inc.



Men's and Women's Substance Use Groups

Phoenix Associates provides therapist-led support groups for adults who are struggling with addiction and may face legal involvement due to substance use. Our licensed providers offer an encouraging environment to provide support, education, and accountability, in a confidential environment.

Men's Group: Mondays 2-3pm
Women's Group: Mondays 3:45-5pm



Senior's Support Group

Phoenix's therapist-led trauma group provides a sensitive and supportive environment for men seeking to heal from childhood sexual abuse to help each participant find greater insight, freedom, and healing.

Coming October 2023



Healing from Trauma Adult's Therapeutic Group

Phoenix provides a safe and supportive environment for adults who are struggling with trauma-related stress and anxiety, with a focus on facilitating a healthy mind-body connection and healing interpersonal relationships.

Wednesdays
6-7:30pm starting September 13, 2023



Coming Soon

Adolescent Boundaries Group

Phoenix Associates offers group counseling services to adults and adolescents on an as-needed basis. Inquire below for information on availability.

Connect for more information:

www.phoenixassociates.net

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